

# Circus

AUGUST 2008



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## Circus Prerequisite Evaluations

All participants interested in enrolling in Pyramid Acro & Tumbling classes must attend the prerequisite evaluations that will take place on Wed., August 27th in the Pierce Room beginning at 5:30pm. Since Pyramid Acro & Tumbling has become such a popular class, we're offering 3 levels this season. Melissa Moore will be the Head Trainer for the beginning and intermediate levels, and Emily Fitzgerald will be the Head Trainer for the advanced level. Both Trainers will conduct the skill evaluations on Wed., August 27th. If you're unable to attend this session, please contact Robin Stein asap.

Participants interested in enrolling in any of our aerial classes this year must attend the prerequisite evaluations that will take place on Thurs. August 28th in the Coble Gym beginning at 5:30pm. Our Head Trainers for this season's aerial classes will be on hand to conduct the skill evaluations for their respective class. They will also be able to address any questions and/or concerns you might have about the requirements for each aerial act. Please be reminded that safety is our #1 priority when making decisions on what is the most appropriate class for your child(ren).

## Circus Prerequisite Evaluations, con't.

On Tues., August 26th, prerequisite evaluations will take place in the Coble Gym beginning at 5:30pm for the following classes: Int/Adv Unicycle; Elite Unicycle; Int/Adv Juggling; Int/Adv Handbalancing; Beg. Teeterboard; Int/Adv Teeterboard; Chinese Pole Contortion, German Gym Wheel, and Advanced Duo Cradle.  
The Head Trainers for these

classes will be conducting their respective class evaluations, and will be able to answer any questions you might have about the class. Once you have completed the evaluations and have been given the approval from the trainers, you are encouraged to register for your classes right away. Questions? Please call Robin Stein @798-9622 x206.

## Quote of the Month:

“Character is what you know you are, not what others think you have.”

# Fall Circus Schedule & Program Information

**F**all Circus classes begin the week of September 8th. Classes marked with an \* require a prerequisite evaluation PRIOR to registration, so please check page 1 of this newsletter for more information about that.

**Fees:** Full Facility Members ONLY

Single Class Fee = \$45 monthly

Multiple Class Fee (2-6 classes) = \$75 monthly

For ongoing registration, payments must be automatically debited (EFT) from checking, savings or credit card accounts and are due by the 10<sup>th</sup> of each month. A **non-refundable** \$10 late charge will apply for all missed payments.

**This schedule might need to be revised based on qualified trainer availability.**

### Mondays & Wednesdays (Pierce Room)

4:00pm-5:00pm	Beg. Pyramid Acro & Tumbling*
5:00pm-6:30pm	Int. Pyramid Acro & Tumbling*
6:30pm-8:00pm	Adv. Pyramid Acro & Tumbling*

### Mondays & Wednesdays (Coble Gym)

7:00pm-8:00pm	Beg. Teeterboard*
8:00pm-9:15pm	Int. / Adv. Teeterboard*

### Tuesdays & Thursdays

4:00pm-5:00pm	Int/Adv. Unicycle*
4:15pm-5:00pm	Mini Acro & Tumbling (PR)
4:30pm-5:30pm	Balance Perch Pole*
4:30pm-5:30pm	Beg. Juggling/Int. Juggling*
4:30pm-5:30pm	Beg. Wire
4:30pm-5:30pm	Elite Unicycle*
5:00pm-5:45pm	Int. Handbalancing* (PR)
5:30pm-6:30pm	Beg. Unicycling
5:30pm-6:30pm	Swinging & Roman Ladders*

5:30pm-6:30pm	Beginning Circus: tumbling, mini trampoline, handbalancing, doubledutch jumpropping
5:45pm-6:30pm	Adv. Handbalancing* (PR)
6:30pm-7:15pm	Baby Acro & Tumbling (PR)
6:30pm-7:30pm	Multilane Cradle*
6:30pm-7:30pm	Multiple & Triple Trapeze*
6:30pm-7:30pm	Lear*
6:30pm-7:30pm	Webs*
6:30pm-7:30pm	Beg. Adult Aerial Workout
7:30pm-8:30pm	Static Single Trapeze*
7:30pm-8:30pm	Static Duo Trapeze*
7:30pm-8:30pm	Swinging Single Trapeze*
7:30pm-8:30pm	Aerial Rings*
7:30pm-8:30pm	Aerial Ribbon*
7:30pm-8:30pm	Hanging Perch*
8:30pm-9:30pm	Contortion*
8:30pm-9:30pm	Duo Cradle*
8:30pm-9:30pm	Chinese Pole*

Advanced Juggling and German Gym Wheel class times will be determined after class participants have been evaluated and registered.

This year's Circus Season is being generously supported by the YMCA and CCAC. Robin Stein, Associate Executive Director; Lisa Godin, CCAC President and Kathi Cochran, CCAC Vice-President are working closely together to bring you a safe, creative, fun, and exciting Circus program.

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## CCAC Updates

The Community Circus Arts Corporation (also known as “CCAC” or “Circus Boosters”) is always looking to add new friends to its list of members. If you haven’t joined CCAC yet, you don’t know what you’re missing!

Circus becomes more than just an after-school activity; it becomes a lifestyle. Joining CCAC is a fantastic way to get acquainted with other circus families, as well as to show your family’s support of the program. All membership fees and other donations to CCAC go directly to support the circus program, whether to purchase new costumes or equipment for shows, or to sponsor educational field trips (like to the American Youth Circus Organization’s national festival in August!) or to bring teaching seminars right here to our YMCA facility. And did we mention that your membership fees are tax deductible, too?

**CCAC invites YOU to get involved!** There are many ways you can help, whether you’re creative with sewing or handy with a hammer and nail. There’s literally something for everyone! Email [ccac@ycircus.org](mailto:ccac@ycircus.org) for more information!

## Class Levels

There are often misunderstandings about exactly what the levels of circus classes mean (“intermediate” or “advanced,”), and how quickly a participant should advance through the levels.

Circus is not like grade school: one doesn’t automatically advance from one class to the next. There are so many things to be learned in a class that it often takes students two or three years at each level to master all the techniques needed to safely progress to the next class level. Acro, for example, has bases, middles and tops of each pyramid, and a student is expected to know how to hold every pyramid position before moving on to the next level of Acro. This is not something that most students can pick up within one year’s time, largely in part because children are constantly growing and they have to adjust to their new height or weight. There are exceptions, for example, when kids have prior gymnastic or acro-sport training.

So, please encourage your kids to keep an open mind and to go into a class with positive expectations!

## Community Outreach Events Calendar

The Circus always tries to do what we can to give back to the community that is so supportive of our program! Here are a few events we have to look forward to in the coming months:

- Saturday, September 8th—Ice Cream Social at the YMCA; 5:00-8:00pm
- Saturday, September 28th—Scouts Camporee @ Glen Helen Regional Park in Devore; 10:00am—3:00pm.

- Wednesday, September 24th—Child Advocates of SB County @ Edwards Mansion in Redlands; 5:30-7:30pm
- Saturday & Sunday, October 4&5—10th Annual Kidsfaire with CBS2/KCAL9...more information to come.
- Anyone interested in performing or volunteering should contact Robin Stein at (909) 798-9622 ext. 206.



THE GREAT ALL-AMERICAN YOUTH CIRCUS

c/o: YMCA of the East Valley  
500 East Citrus Avenue  
Redlands, California 92373

Non-Profit Organization  
U.S. POSTAGE PAID  
San Bernardino, CA  
Permit No. 1195



*We build strong kids,  
strong families,  
strong communities.*

**Mailing Address:**

## ***Circus Pictures***

Circus pictures from Burgess Photographics, both the Act pictures and individual pictures, are in the Circus Office in individual envelopes labeled by last name. Please come by any day to pick up your photos during the YMCA's regular hours of operation.

For any missing or incorrect photos in your order, please contact Burgess Photographics directly at (909) 794-1096 or [sales@burgessphoto.com](mailto:sales@burgessphoto.com).

## ***YMCA Family Fun***

### **Ice Cream Social**

Saturday, September 8th

5:30pm-8:30pm

FREE to EVERYONE

Bring a friend to the Y!

### **Friday Nights are Family Nights**

at the YMCA starting Sept. 12th...check your  
Fall Program Guide for more details!

OR

For more information, visit:

[www.ymcaeastvalley.org](http://www.ymcaeastvalley.org)

# **CCAC Membership Drive**

**T**he Community Circus Arts Corporation or "Circus Boosters" invite you to become a part of our family during our membership drive, beginning August 25th—September 20th. Our Annual Meeting & Parents' Meeting is scheduled for Sun. September 21st from 2-4pm @ the Y.